

SCHOOL QUEEN ELIZABETH II POMEROY PS MENU Meals £2.60 per day £13 per week

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 27/9/21	Spaghetti Bolognese or Breaded Fish Fingers, Garlic Bread, Baton Carrots, Medley of Fresh Vegetables, Mashed Potatoes. Vanillia Ice Cream Pot or Yoghurt & Fruit	Breast of Chicken Curry & Boiled Rice or Chicken & Cheese Melt, Peas, Salad Selection, Mashed Potatoes or Baby Boiled Potatoes. Jelly Pot or Yoghurt & Fruit.	Homemade Breaded Chicken Goujons or Spicy Chicken Fajita with warm Tortilla Wrap, Salad Selection, Sweetcorn, Mashed Potatoes, Pasta Twists, Dipping Sauce. Fresh Fruit Selection & Fresh Yoghurt	Roast Pork or Roast Chicken, Herb Stuffing, Baton Carrots, Broccoli Florets, Mashed Potatoes. Gravy. Chocolate Muffin or Fruit & Yoghurt	Hot Dog or Ciabatta Pizza Slices, Baked Beans, Peas, Tossed Salad, Chips or Mashed Potatoes. Flakemeal Biscuit or Yoghurt & Fruit
Week Two 4/10/21	Chicken Chow Mein or Steak Burger, Broccoli Florets, Baton Carrots, Mashed Potatoes, Gravy. Fresh Fruit Selection & Fresh Yoghurt	Breast of Chicken Curry & Boiled Rice or Magherita Pizza, Naan Bread, Peas, Tossed Salad, Pasta Twists. Shortbread or Yoghurt & Fruit.	Cheesy Bolognese Pasta or Breaded Fish Goujons with lemon slice, Tartar Sauce, Baked Beans, Peas, Sweetcorn, Salad Selection, Mashed Potatoes. Jelly Pot or Yoghurt & Fruit	Roast Breast of Chicken or Chicken Crumble, Herb Stuffing, Cauliflower Cheese, Diced Carrots/Parsnip, Mashed Potatoes, Gravy. Chocolate Muffin or Fruit & Yoghurt	Chicken Nuggets or Hot Thai Flavoured Chicken Wrap, Salsa Dip, Sweetcorn, Salad Selection, Chips or Baked Potato. Vanilla Ice Cream Pot or Yoghurt & Fruit
Week Three 11/10/21	Italian Bolognese Pasta or Breaded Fish Fingers, Baked Beans, Sweetcorn, Broccoli Florets, Mashed Potatoes. Ice Cream Pot or Yoghurt & Fruit.	Mac & Cheese or Salt & Chilli or Traditional Chicken Goujons, Dipping Sauces, Baton Carrots, Salad Selection, Chips or Mashed Potatoes. Jelly Pot or Yoghurt & Fruit	Mexican Enchilada or Oven Baked Sausage, Peas, Mediterranean Roasted Vegetables, Mashed Potatoes or Baby Boiled Potatoes. Fresh Fruit Selection & Yoghurt	Chicken Panini or Roast Turkey, Herb Stuffing, Carrot or Parsnip. Savoy Cabbage, Mashed Potatoes, Cranberry Sauce, Gravy. Chocolate Cookie or Fruit & Yoghurt	Homemade Chicken or Smooth & Hearty Vegetable Soup, Steak Burger in Bap or Bang Bang Chicken in Hot Baguette, Tossed Salad, Selection of Breads Mashed Potatoes. Frozen Mousse or Fruit & Yoghurt
Week Four 18/10/21	Breast of Chicken Curry & Boiled Rice or Chicken Crumble, Peas, Savoy Cabbage, Mashed Potatoes, Naan Bread, Gravy. Chocolate Muffin or Fruit & Yoghurt	Chicken Stir Fry & Noodles or Oven Baked Sausage, Baked Beans, Sweetcorn, Baton Carrots, Mashed Potatoes. Flakemeal Biscuit or Yoghurt & Fruit	Roast Breast of Chicken or Beef Stew, Herb Stuffing, Diced Turnip, Baton Carrots, Mashed Potatoes, Gravy. Jelly Pot or Yoghurt & Fruit	Spaghetti Bolognese or Breaded Fish Fillets or Salmon Fish Cake, Lemon Slice, Tartar Sauce, Broccoli & Cauliflower Florets, Mashed Potatoes. Selection of Fruit & Yoghurt	Margherita Pizza or Marinated Chicken Fillets with warm Tortilla Wrap, Salad Selection, Sweetcorn, Traditional Champ or Chips. Artic Roll or Fruit & Yoghurt

school food

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

